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LONDON

\$3,000,000

GOODBYE, **CRUEL WORLD?**

OLGA KURYLENKO JOINS TOM CRUISE AND MORGAN FREEMAN IN OBLIVION, ONE OF AT LEAST THREE UPCOMING MOVIES ABOUT THE END OF THE WORLD AS HOLLYWOOD KNOWS IT

Travelling coach class

You've heard of the bookmobile. Now a group of Western students is taking it a step further with a mobile

Boston bomb details emerge

Police reveal that ordinary pressure cookers were used to make the explosives, while the horrific injuries of the wounded come to light

Channel your inner leader

Think the big cheese in your workplace stands alone? Guess again: Anyone can be a leader with the right attitude

NEWS WORTH SHARING.

Tonight's **Jackpot**



Police swoop in on 'suspicious' parcel

Ivey Park. Bomb unit called in as cops block access

MARK SPOWART

Police spent four hours in downtown's Ivey Park on Tuesday investigating what they believed to be a "suspicious" package

Turns out, it wasn't a package at all. It was a small camera, police said, that had been taped to a bike path guardrail near the Thames River footbridge.

Const. Will Knelsen said it's unclear how the tiny device described as a "pinhole camera" — found its way onto the railing. "It appears as if someone attached it for a project or something similar," he said, noting that's not illegal.

"At this time, we have not had the opportunity to speak

How it unfolded

- 1 p.m.: Police get a call from someone who describes a "suspicious" package in Ivey Park.
- Less than 15 minutes later: Police arrive on the scene and cordon off a wide area, focusing their attention on a bike path near HMCS Prevost on Becher Street.
- About 3:45 p.m.: An explosives-disposal team uses a robot to destroy what turns out to be a camera.

with the owner or (whoever) placed that camera there," he said on Tuesday evening.

However it got there, the camera caused a stir. A passerby noticed it at about 1 p.m. and called police. Within minutes, officers arrived on the scene, cordoning off a large area.

The London Fire Department was also on scene, with firefighters standing by on land and launching a boat in the Thames River. All roads remained open.

About two hours later, the police explosives-disposal team showed up. Near HMCS Prevost - across the river from Ivey Park — team members launched a remote-controlled robot that made its way to the bike path, destroying the package with a loud "boom!" that echoed across the area.

Knelsen acknowledged that people may be a bit jittery after two bombs exploded on Monday during the Boston Mara-

"I think the public is definitely more aware and more cognizant of situations like this as a result," he said.

The police response, however, followed standard protocol for such calls, he said.

WITH FILES FROM DAVE DE VRIES/



Alyna Stover, 16, of London, poses with London Lightning point guard Adrian Moss at Budweiser Gardens on Tuesday. The Lightning, who won the National Basketball League of Canada championship on Friday for a second straight year, held a celebratory event at the Gardens that included a meet-andgreet session with the players and a chance to see the trophy up close. JOHN MATISZ/METRO





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metronews.ca Wednesday, April 17, 2013

Gathering

Plan to turn 4/20 legit goes up in smoke

The city has put the skids on a request to have a 4/20 gathering deemed an official festival.

Nevertheless, organizers of the gathering
— aimed at celebrating
marijuana culture — plan
to make their way to Victoria Park on Saturday.

"It was an olive branch, and it was an opportunity for the city to support a new London festival," said Eric Shepperd, one of those who requested a special-events permit.

The group learned Tuesday the request, which billed the event as a music festival to which people would bring their own instruments, had been denied.

JOHN MATISZ/METRO, WITH FILES FROM DAVE DE VRIES/FOR METRO



Legends of dance brought to life

The cast of Dance Legends performs Singing in the Rain on The Grand Theatre's main stage Tuesday. The show, which continues through May 18, traces the history of dance through the legendary feet of performers like Gene Kelly and more modern-day stars like Michael Jackson. MARK SPOWART/FOR METRO

Students plan tricked-out bus

Western. Effort looks to be hands-on classroom with wheels

MARK SPOWART

london@metronews.ca

It started when a group of Western University graduate students were trying to find a way to a conference.

"We were joking about how many people we could squeeze into my van," said Kim Martin, 32, who is studying library and information science at Western. "Then we said, 'We should get a bus.' The question was, what will we do with it when we are done."

Six weeks later, DH Maker-Bus is on the road to becoming a reality.

So, what is it?

The "DH" stands for "digital humanities," an area of research, teaching and creation focused on mixing computing with humanities, according to Martin.

And, the MakerBus part? Well, the idea is to create a space for carrying out the digital humanities philosophy while on wheels.

"Basically, we want a portable space that encourages the use and exploration of technology," Martin said. "We want to install technology inside the bus so anyone can have access to it, but it is the type of technology that not a lot of people would regularly interact with."

The bus will, in essence, become a travelling classroom packed with state-of-the-art technology like 3D printers,

The cash

How does a group of graduate students raise enough money to buy a bus and cram it with electronics?

Indiegogo.com, of course. The students are trying to raise \$10,000 through the crowd-funding website to get their DH MakerBus up and running.

motion-sensing devices and open-source programs for

things such as video games.

Once bought and tricked out with all the toys, the bus will be able to go wherever it is wanted. It will be rented out for large-scale events, like festivals, and private events, like birthday parties.

UnLondon, a non-profit digital media association created to challenge and embrace ideas related to new technologies and social platforms, will own the bus and manage its schedule. Martin, and others, want to see it roving local streets by January 2014.



metronews.ca Wednesday, April 17, 2013 metr⊕ **NEWS**

'Temporary housing'. City to crack down on homes with illegal bedrooms

City officials say they're "blitz-ing" neighbourhoods as they hunt for people who have turned traditional homes into boarding houses.

The blitz comes after

owners of homes at 1703 and 1709 Beaverbrook Ave. were fined \$3,500 when bylaw officers discovered 17 bedrooms split between the addresses. The bedrooms were housing 32 people, officials said.

There were multiple mattresses throughout the house," said Orest Katolyk, manager of licensing and municipal law enforcement.

City rules limit the number of bedrooms in single-family homes to five.

Officials started an investigation on Beaverbrook Avenue after receiving complaints, filed shortly after a man was stabbed outside one of the homes in January. The violations turned up were the worst in the city's history, Katolyk said.

Stiff penalty

The probation order issued earlier this month to owners of two Beaverbrook Avenue homes says they could face another fine and up to 30 days behind bars if they commit the same offence within a year.

"We have lots of experience with student housing, and this is not student housing," he said. "It was built as very temporary housing for immigrant workers."

Along with the fine, the Beaverbrook property owners were issued a probation order on April 8, giving them two weeks to change the homes back to their original design.

Bylaw enforcement officers will soon pay another visit to the properties, Katolyk said. MARK SPOWART/FOR METRO

Boys and Girls Club. Non-profit names new execs

The Boys and Girls Club of London has two new executives on board.

Chris Harvey has been named chief executive officer, and Kerry Blackwell has been appointed manager of fund development.

Harvey is taking over the non-profit's top job from Don Donner, who left the organization after 35 years. He's been with the group as director of operations for the past three

Blackwell's position is

What they do

- The Boys and Girls Club provides a facility and programs for kids and
- The organization serves families through social, recreational, educational and vocational pro-

new for the club. METRO

Impaired driving

MADD reaching out to students

Mothers Against Drunk Driving is offering \$2,000 bursaries to students affected by impaired driving and enrolled in a fulltime, post-secondary education program approved by the Ontario Ministry of Education.

The bursary supports students who have had a parent, legal guardian or sibling killed in an impaired-driving crash.

Qualifying students must submit an application by May 31. Visit madd.ca for details. metro

Choral festival

Choirs to band together in London

Choirs from Canada and the United States will join forces May 3 to 5 for a choral festival at London's St. Paul's Cathedral (472 Richmond St.)

Events will include formal performances from individual groups, open rehearsals and performances featuring the voices of three combined choirs.

For details about the choirs and the program, visit threecathedralsfesti-



Wake up to one of three Dream Lottery homes — or cash

Samira El-Himdi, St. Joseph's Health Care Foundation board member, left; Susan Crowley, Children's Health Foundation president and CEO; and Dan Ross, London Health Sciences Foundation president and CEO, are pictured in the living room of a London home that's up for grabs in this year's Dream Lottery. The lottery, a fundraiser for the foundations, officially launched Tuesday, featuring four grand prize options: The home at 2435 Waterside Close, pictured here, another in Grand Bend, a downtown London condominium or \$1 million. For more details, visit dreamitwinit.ca, ANGELA MULLINS/METRO

Smoking bylaw to 'self-regulate'?

Health. Lighting up near playgrounds and other facilities will be banned May 1



IOHN MATISZ

London's new smoking bylaw, set to take effect May 1, is designed to regulate itself.

That's the scoop from Linda Stobo, the Middlesex-London Health Unit's program manager of chronic disease prevention and tobacco

Signage, and other forms of instruction, will also play a role in discouraging smokers from lighting up in certain areas. But, overall, Stobo said, she expects what's happened in other municipalities to play out in London.

'The experience of (other proactive) municipalities has been that these types of bylaws are primarily self-enforcing," Stobo said. "With appropriate education in place, most people will selfregulate."

Under the bylaw, smokers can't puff within nine metres of playgrounds, splash pads, wading pools, skate parks,

outdoor skating rinks, picnic areas, outdoor shelters, sports fields and spectator

The same restriction will apply to municipal buildings, including arenas, libraries, and community centres.

The health unit has launched a tobacco information hotline - 519-663-5317, ext. 2673 - where people can report bylaw offenders.

That's how most violations will be addressed, Stobo

The bylaw's main goal, Stobo said, is reducing second-hand smoke.

A \$205 fine is at stake for

Making a fresh start

- The Middlesex-London Health Unit is planning a community cleanup at Harris Park, West Lions Park, Ivev Park and the Forks of the Thames to, in part, get rid of cigarette butts in advance of the May 1 smoke-free rules.
- The cleanup is from 1 to 4 p.m. Friday.

those who don't comply. Only repeat offenders are likely to be ticketed. Stobo said.

London politicians approve 1.5% pay bump

City councillors voted 8-5 Tuesday to increase their paycheques — but not without treating the issue like a hot potato.

Several politicians spoke on the motion before it was settled. Coun. Paul Hubert requested clarification, bringing up that the raises stemmed from the recommendation of a citizen-led task force dating back to 2010.

Sandy White was next, requesting the motion split into two parts — the first dealing with council pay and the second with

stipends paid to citizens who are appointed to civic boards.

White indicated that she was not "prepared" to vote on her own pay increase, although she ended up casting a vote.

Coun. Denise Brown wanted out of the vote as well, making an attempt to declare a conflict of interest. Legal counsel said that wasn't allowed.

"Regardless of what the Municipal Acts says, I truly believe that if it is a perceived conflict you should declare one ... which is why I did so," Brown said later. "How can I give myself a raise and not call it a conflict?"

Brown, White and Couns. Matt Brown, Paul Van Meerbergen and Dale Henderson voted against the raises.

Retroactive to January, they will see councillors earn a base salary of \$33,465 this year. The mayor will be paid \$104,258.

MARK SPOWART/FOR METRO

metronews.ca
Wednesday, April 17, 2013

NEWS
05

Three dead

Identifying the victims

An eight-year-old boy and a 29-year-old woman have been identified as two of the three casualties of the bombing.

Martin Richard, a Grade 3 student from the Boston suburb of Dorchester, was with his



parents Bill and Denise, his younger sister Jane, a Grade 1 student, and older brother Henry. Jane lost a leg to the attack, Congressman Stephen Lynch told Torstar News Service. Denise suffered severe head injuries, he said.

Also identified on Tuesday was Krystle Campbell, of Medford,



Krystle Campbell

Mass., who worked at a restaurant in nearby Arlington.

She was at the marathon with her father and her best friend, who her father said was seriously injured.

Boston University said in a statement that a graduate student was the third victim, but held the name pending permission from the family.

The Chinese Consulate in New York said a Chinese national was the third person killed and that another was injured. Official news agency Xinhua reported that relatives have requested that the deceased not be identified.

TORSTAR NEWS SERVICE/WITH FILES FROM THE ASSOCIATED PRESS



Bombs likely made of pressure cookers: FBI

Boston Marathon.

Such devices are often used abroad, and guides are available online

The bombs that ripped through the Boston Marathon crowd appear to have been fashioned out of ordinary pressure cookers, packed with shrapnel and then hidden in duffel bags, investigators said Tuesday.

Scores of victims remained in Boston hospitals, many with grievous injuries, a day after the twin explosions killed three

Horrific consequence

"It wasn't a hard decision to (amputate) ... We just completed the ugly job that the bomb did."

Dr. George Velmahos of Massachusetts General Hospital, where four amputations were done.

people, wounded more than 170 and reawakened fears of terrorism in the U.S.

At a news conference, FBI agent Richard DesLauriers confirmed that investigators found pieces of black nylon from a bag or backpack and fragments of ball bearings and nails.

He said the range of suspects and motives was "wide open."

FBI agents searched an apartment in the Boston suburb of Revere. According to one law enforcement official, the tenant had been tackled as he ran from the scene of the explosions. But the man may simply have been fleeing from danger, said the official, who spoke on condition of anonymity.

THE ASSOCIATED PRESS

International fears

Securing the London run

Security will be increased Sunday for the London Marathon, with police confirming that plans are "under review."

Senior government officials met with police and intelligence chiefs Tuesday to develop a strategy, working closely with the FBI and U.S. police.

It will be the latest in a string of major operations, including Margaret Thatcher's funeral on Wednesday, the Olympics, the Royal Wedding and Jubilee celebrations.

KIERON MONKS/METRO WORLD NEWS IN LONDON

'Massive'. Quake in Pakistan and Iran

An earthquake toppled homes on both sides of the Iran-Pakistan border Tuesday, killing dozens of people and causing skyscrapers to sway in Dubai.

kills dozens

It also forced Iranian officials — for the second time in less than a week — to assure the world that its main nuclear reactor wasn't damaged.

At least 34 people were killed in a single village in Pakistan, a military official said. Iran issued conflicting reports; its state-run Press TV called the quake 'massive' and cited 40 deaths before retracting that number. Other outlets mentioned no deaths.

The apparent back-tracking in the Iranian reports could not be immediately explained, but authorities could be seeking to downplay casualties. The Tehran Geophysics Center said the quake measured at least magnitude 7.7, the strongest in more than 50 years.

On the Pakistani side, a military official said another 80 people were injured. Up to 1,000 mud homes were damaged, Pakistan Television added.

A Pakistani policeman, Azmatullah Regi, said nearly three dozen homes and shops collapsed in one village in the Mashkel area, which was the hardest hit by the quake. Rescue workers pulled the bodies of a couple and their three children, ages five to 15, from the rubble of one house, he said. THE ASSOCIATED PRESS

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Facebook Home comes to Canada

Facebook users in Canada and around the world were able to download the new Facebook Home app via the Google Play store as of Tuesday, the company said.

THE ASSOCIATED PRESS

Bunnies denied

India says no to Playboy club

India's going to have to wait for its first Playboy bunnies.

After a month of heated debate, the government in the tourist hotspot of Goa refused permission to open the country's first Playboy club. THE ASSOCIATED PRESS



StatsCan numbers

Job vacancies fall to record low

Statistics Canada said the total job vacancies for January, down by 22,000 from a year earlier, is the lowest since the agency began collecting data in March 2011.

THE CANADIAN PRESS

Addis Ababa. Hit hard by climate change, Ethiopia fights back by going green

"Climate change is not a secondary issue for us, it's the primary one!" exclaims Haileselassie Sebehatu Hailu, manager of Addis Ababa's Environmental Protection Agency, as we meet in one of the municipal offices.

Even though Addis is located at a high altitude, temperatures are rising. Indeed, Ethiopia, a desperately poor nation, is one of the countries worst affected by climate change.

"(Farmers) used to predict the weather by watching birds migrate and leaves change. Now people don't know when to plant, and they don't have other assets, so they can't buy food if their crops fail," reports Cathy Riley, Ethiopia Country Manager for Christian Aid.

To fight climate change doom the government has focused on getting Ethiopians to go green.

Coffee death

2080

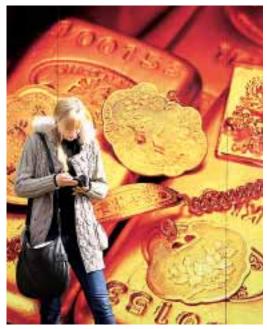
According to a new study by scientists at Britain's Royal Botanic Gardens, climate change means that by 2080 Ethiopian farmers may not be able to grow the country's famous Arabica bean. Coffee-growing countries in Central America stand to lose their offee to

Collecting and reducing waste is seen as key, says Haileselassie (Ethiopians go by their first names).

The government is teaching farmers irrigation horticulture, which makes them less dependent on rain.

"Despite our small road coverage, we have a huge number of cars and buses, and they pollute", says Haileselassie. "So we're building a rapid bus and light rail system."

ELISABETH BRAW/METRO WORLD NEWS



Money for your gold?

A woman stands in front of a shop that buys and sells gold Tuesday in Berlin. Gold prices reached a two-year low this week and many gold mining companies are feeling a severe squeeze on profits. Gold stocks were still top of mind Tuesday among traders on the Toronto Stock Exchange, although mercifully most were in positive territory after severe losses the previous session. SEAN GALLUP/GETTY IMAGES

Up in smoke. Smoking in the home sharply reduces real estate value: Survey

Homeowners risk coughing up big bucks if they're also smokers, according to a survey of Ontario real estate agents and brokers.

The survey found that smoking in the home can reduce the value of the property on resale by up to 29 per cent.

The study was sponsored by Pfizer Canada, a pharmaceutical company whose products include a smoking cessation medication. It estimates a potential loss of up to \$107,000 on a home in Ontario, where

the average price is currently around \$369,000.

The study found that an overwhelming majority of 401 real estate agents and brokers in the survey agreed that it is more difficult to sell a home where owners have smoked.

More than half of respondents — 56 per cent — said most buyers are less likely to purchase a home where people have smoked, and 27 per cent said most are unwilling to buy a home where people have smoked. THE CANDIAN PRESS





TAKING A CERTAIN JE NE SAIS QUOI

Have you ever "borrowed" anything from a hotel room?

A nice fluffy bathrobe? A copy of Where Saskatoon? A souvenir hanger from the Hanoi Hilton?

Be honest, now. A recent Hotels.com survey reveals that Canadians are among the most thieving hotel guests in the world, ranking 22nd of 29 on the honesty scale.

Kanadian kleptomaniacs are particularly partial to "magazines and books," while Americans, who are slightly less honest, can't help stuffing the spare towels and pillow slips into their luggage.

Of course, Scandinavians from Denmark and Norway are the most honest when they

are on the road and no one is watching, ranking first and third respectively. Is there anything these people don't do better than us?

I'm not sure what this means, but travellers from Que-



JUST SAYIN'
Paul Sullivan

metronews.ca

bec are significantly more honest than the rest of Canadians, at least when it comes to leaving stuff in hotel rooms where it belongs. Vive le Québécois honnêtes!

But look, this is not as clear-cut as the survey would make it. Some thefts, such as brand new coffee makers and mugs, hair dryers, and (for shame) the Bible, are obvious high crimes, while some are misdemeanours

You have to wonder about "magazines and books." Am I the only one who was under what now appears to be the mistaken impression that if it has a hard cover it stays in the room, but magazines were meant to

go along on excursions, providing portable, up-to-date information about gallery openings and ptomaine-free restaurants?

Then there are the toiletries seductively arrayed on the

bathroom counter: shampoo, conditioner, hand cream, body wash, and mouth wash. What's the etiquette honnête? Maybe Canadians, unlike those healthy, clearthinking, progressive, (probably lying) Scandinavians, are just confused.

One easy way to deal with this is to imagine how you'd feel if your own house guests routinely walked off with the soap, the soap dish, and the toothpaste, not to mention the art work, clock radio, towels and washcloths and bathrobes, all items regularly pilfered from hotel rooms.

You'd be fâché, for sure.

It's just good policy to leave the goodies, no matter how irresistible, where you found them. And now it's for a good cause. Many hotels are participating in a program called Clean the World, which sends leftover toiletries to developing nations.

I can't believe I just typed that sentence. The Global South may go to bed hungry, but at least it will go to bed smelling good. And you, honest Canadian, you did that. Anyway: mitts off, and we hope you enjoy your stay.

Clickbait



ANDREW FIFIFI D

FIFIELD andrew.fifield@metronews.ca

While Vine
remains a few
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ubiquity, Twitter's
six-second video
app is still home to
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Ever wondered what a potato rainstorm would look like? Or if corn could grow from paper? Of course you haven't. But Matt Willis has, and he uses Vines to make such imagined food feats come to life.

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You don't even have to wait for new material. The very funny actor-slash-Venture Brothers voice has a truckload of cleverly-crafted and hilarious skits to wade through.

Comments

RE: Global Warming: When It's Hot, We're Believers, But in the Cold We're Skeptics

"Anyone who believes that we aren't facing a climate crisis is either blind, ignorant, or doesn't care." Another byproduct of our educational (indoctrination) system.

Wilbert Robichaud posted to metronews.ca

It seems to be more a trend of the planet. How many ice ages have there been? How many warming

periods? Typically the people I see arquing about this are either ignorant on the subject, toting whatever Al Gore or that which other carbon interests have provided, as well as the scientists who may be endeavouring for career advancement, championed as saviours of our planet. It's completely reasonable to suggest that our activities are impacting the rate in which this occurs, but to say it's all us is crazy at best. The biggest issue faced is breathing quality and potential impact of pollutants in food and water. Jerry Teeple posted to metronews.ca

WE WANT TO HEAR FROM YOU: Send us your comments: londonletters@metronews.ca

ZOOM

Impersonating a legend



Little Tramps mark Chaplin's birthday

Young supporters of the Charlie Circle, a Charlie Chaplin fanclub, participate in an annual parade to celebrate the birthday of Charlie Chaplin in Adipur, Gujarat state, India, Tuesday.

Canes in hand and bowler hats firmly in place, dozens of Chaplin impersonators tramped through the streets of this small port town to celebrate the legendary comic actor and filmmaker.

Chaplin has an odd resonance in this industrial town. Surrounded by salt flats bordering the Thar desert, Adipur's only claim to fame is the annual parade — now in its 40th year — to honour the silent era actor.

THE ASSOCIATED PRESS

Skipping work for Chaplin flicks cost fan his job

"I watched all three shows of the film that day. The next day I was sacked from my job for taking the day off without informing the office ... I lost my job, but I discovered Charlie Chaplin, and I've staved his fan ever since."

Ashok Aswani, founder of Charlie Circle, a club that has been celebrating Chaplin's birthday since 1973, recalling that he was on his way to work when he saw a poster of Charlie Chaplin dressed as a tramp at the local movie hall.

Charlie Chaplin dressed as a tramp at the local movie hall.

He decided to skip work that day, which he was fired for, but has stayed a Chaplin fan ever since. "Every Chaplin film has a message for the common man. It's a message that has relevance even today."



08 SCENE metronews.ca Wednesday, April 17, 2013



Hollywood's varied take on the end of the world

Movies. From serious to silly, an assortment of movies explore earth's final days



FOCUS
Richard Crouse
scene@metronews.ca

It seems 2013 is the year Hollywood took Stephen Hawking, the world's leading theoretical physicist, to heart. "The human race shouldn't have all its eggs in one basket, or on one planet," he says, suggesting that if we don't change our ways we "might end up like Venus, at 250 degrees centigrade and raining sulphuric acid."

No fewer than three upcoming movies portray the Earth meeting an untimely end.

After Earth sees Will and Jaden Smith star as a father and son who crash land on Earth after an alien war has left the planet dead and abandoned. A Seth Rogen comedy aptly titled This is the End sees a cast of young A-listers — like Jay Baruchel, James Franco, Paul Rudd and Emma Watson

— at a Hollywood party when the world suddenly ends.

This weekend Tom Cruise brings us Oblivion, another story about a scorched Earth, which Cruise's character, a drone maintenance man, discovers the planet might not be completely abandoned.

It's the end of the world as we know it, at least according to Hawking and Hollywood, but it isn't the first time the world has ended, on screen anyway.

Coming a just half a dozen years after Hiroshima and Nagasaki, Five goes down in the almanac as the first sci-fi nuclear war film. It's set in a

world destroyed by nuclear holocaust. The only five Americans to survive include a pregnant woman and her unborn baby, a neo-Nazi, an African-American man and a bank clerk. The story of subsistence and racial intolerance is an influential movie - Roger Corman and several others have borrowed the basic plot line — but its director, Arch Oboler, was a radio producer and the film is as visually interesting as you would guess a movie made by a sound engin-

The Bed Sitting Room is a British take on Five, only with jokes instead of Oboler's earnest message. Starring Peter Cook and Dudley Moore, it's set in a post-nuclear-holocaust London following the Second World War. The war lasted only two minutes and 28 seconds before the bomb was dropped, leaving this strange group of survivors, including a civilian who is next in line for the throne, to explore their devastated city.

So far we've talked about serious and strange end of the world movies, but how about a silly one? That would be Savage Planet, an abandoned Earth movie that sees the planet taken over by giant killer space bears!



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metronews.ca
Wednesday, April 17, 2013

DISH



Osbourne: Admits to drugs, not to divorce

Ozzy Osbourne took to Facebook to clear the air about rumours that he and his wife, Sharon, are on the outs — and to make a completely different confession.

"For the last year and a half I have been drinking and taking drugs," Ozzy wrote. "I was in a very dark place and was an a—hole to the people I love most, my family. However, I am happy to say that I am now 44 days sober. Just to set the record straight, Sharon and I are not divorcing. I'm just trying to be a better person."





@TheRock

Strength & prayers to those in Boston impacted by the cowardly attack. People of Boston are proud, tough & resilient. #StayStrong



@JimCarrey

My heart bleeds for those poor pple in Boston. It's just too much.



@ActuallyNPH

Sending all good thoughts to Boston, after the madness. Makes me so sad. So crazy to think that violence can happen so randomly.



@GarrvShandling

You've got to be an idiot to do anything that makes the city of Boston mad at you

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word



Meet B. Coop's mother



THE WORD Dorothy Robinson scene@metronews.ca

Bradley Cooper has an interesting roommate — his mother. In the new issue of Details, he admits he's been living with his mother since his father died in 2011.

"Let's face it: It's probably not easy for her, by the

way, to be living with her son," he admits. "It's life. And right now, two years after my father's death, this is where we are... But don't get me wrong. It's not without complications. It's not like I live in a compound and she's in the guesthouse. No. She's in the next room."

I used to share an apartment with a guy who was in the room over and I heard everything — and my roommate wasn't nearly as attractive as Bradley Cooper. Let's hope Mama Cooper is a little hard of hearing



Amanda Seyfried misses her boobs

Not that there's anything wrong with them now, but Les Miserables star Amanda Seyfried says her breasts used to be bigger — and she laments not appreciating her ample bosom more when she was younger.

"I saw a picture of them a couple of days ago from when I was 19, and my boobs were way bigger. They were a D, and now they're a small C because I lost weight," she tells Allure magazine. "There

was something so beautiful about the size of them. When I look back, I'm like, 'Why did I always give myself such a hard time?' Nobody gave me s— about it except me." But Seyfried admits that even at their current size, her breasts can be a problem. "They do get in the way a lot," she says. "Like I wear a really small, tight sports bra when I go running ... because they want to smack my chin."



TRAVEL

Jackie Robinson's Brooklyn

Historic tour. With the movie 42 in theatres. now is the time to traipse the legendary steps of the man who integrated baseball

With the movie 42 bringing the Jackie Robinson story to a new generation, fans young and old may be inspired to visit some of the places in Brooklyn connected to the African-American athlete who integrated Major League Baseball when he joined the Brooklyn Dodgers in 1947.

In Coney Island, a statue portrays Robinson and Pee Wee Keese, the white Dodger who stood by him in the face of racist taunts. At the cemetery on the border of Brooklyn and Queens where Robinson is buried, admirers still leave baseballs and other mementos. And for fans who enjoy irony - or who remain bitter about the Dodgers' departure to Los Angeles in 1957 — there's a "No Ball Playing" sign at the housing complex where the Dodgers' storied stadium, Ebbets Field, once stood.

Joseph Dorinson, author of Jackie Robinson: Race, Sports and the American Dream, says it's no accident that the colour barrier was broken by a Brooklyn team. "Jackie made it in Brooklyn, and no other place, because of the multicultural and ethnic diversity here," he said.

Here's a guide to exploring Jackie Robinson's Brooklyn.

Statue

The life-size statue in Coney Island shows Robinson and Reese arm in arm. It's inscribed with the story of how Reese, captain of the Dodgers, "stood by Jackie Robinson against prejudiced fans and fellow players ... silencing the taunts of the crowd" during a game in Cincinnati. The statue is located outside MCU Park, where the minor league Cyclones team plays, at Surf Avenue and West 17th Street, near the last stop on the D, F, N or Q train to Coney Island.

Home and church

Robinson lived in several places in Brooklyn before moving to Queens and later Connecticut with his wife and children. On a tidy block in East Flatbush, a two-story brick house at 5224 Tilden Ave. with a rusting fence and peeling paint bears a plaque that states: "The first African-American major league baseball player lived here from 1947 to 1949." There is an effort to landmark the house.

Robinson and his wife Rachel also lived for a time at 526 MacDonough St. in Bedford-Stuyvesant. Although much of the movie was filmed in the South, some scenes were shot on MacDonough filmmakers wanted to show the building's distinctive front stoop, a common feature of Brooklyn homes. The production company used the Nazarene Congregational Church at 506 MacDonough St. for storage and wardrobe while filming, according to Nazarene's pastor, the Rev. Conrad Tillard.

When Robinson first arrived in New York, he lived for a time with Nazarene's then-assistant pastor, the Rev. Lacy Covington and his wife Florence. "Church and faith were central to Jackie Rob-inson's success," said Tony Carnes, who publishes an online magazine called A Journey Through NYC Religions.

Nazarene was considered



a "mink coat church" at the time, Tillard said, with an educated, affluent African-American congregation. Robinson later came back to the church to "make an impassioned speech about the dangers of drugs," Tillard said. Robinson's son, Jack, who'd served in the Vietnam War, was a heroin addict.

THE ASSOCIATED PRESS

Robinson died in 1972, just a year after his son died in a car accident. They are buried, along with the Covingtons and Robinson's mother-in-law, in Cypress Hills Cemetery. "A life is not important except in the impact it has on other lives,"

reads the inscription on Robinson's tombstone. Mementos left by fans at the grave include a bat and baseballs, with one ball bearing a handwritten note thanking Robinson "for being an inspiration, strong and courageous."



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metronews.ca Wednesday, April 17, 2013 **FOOD**

Custard and pancake textures meet in refreshing dessert

This pretty berry-studded dessert is a delicious cross between a custard and a pan-

It makes a great entertaining option because you can pop it in the oven to bake while the main course is being served.

Ingredients

- 2 cups (500 ml) unsweetened frozen raspberries
- 1 1/2 cups (375 ml) liquid egg
- 1 1/4 cups (300 ml) 2% milk • 1 cup (250 ml) all-purpose flour
- 3/4 cup (175 ml) granulated
- 3 tbsp (45 ml) melted nonhydrogenated margarine
- 1 tbsp (15 ml) vanilla extract
- 1/2 tsp (2 ml) salt
- . Icing sugar (optional)
- . Low fat vanilla yogurt (op-

It also gets top marks as an arthritis fighter: it's low in saturated fat for a dessert, and includes raspberries, which are a great source of fibre, are high in antioxidants and have a low glycemic index

- 1. Preheat oven to 350 F (180
- 2. Scatter raspberries in a greased, 11-inch (28 cm) shallow baking dish with fluted
- **3.** Combine eggs, milk, flour, sugar, margarine, vanilla and salt in a blender. Blend, on medium speed, scraping the pitcher once, for 30 seconds or until smooth. (Or, combine all ingredients in a bowl and whisk until smooth.)
- 4. Pour batter evenly over the raspberries. Bake for 40 minutes or until set.

5. Dust with icing sugar. Slice into wedges and serve warm with a dollop of yogurt. NEWSCANADA.COM/ ARTHRITIS.CA



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Knowing what to look for is the first step.

motivated, erratic, reliable, responsible.

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Snack. Almond Cherry Bars

- 1. Preheat oven to 350 F.
- **2.** Lightly grease a 9- by 13inch rimmed baking sheet with cooking spray and line with parchment paper, leaving excess paper on edges.
- **3.** Combine all ingredients

in bowl and spread into pan. Press firmly. Bake 10 mins.

4. Pull on parchment paper to remove from pan and cut into 24 bars while still warm - six on one side and four on the other. ALMONDBOARD.COM/ NEWSCANADA.COM

- Cooking spray
- 3 cups (750 ml) granola
- 1 cup (250 ml) wheat germ • 1 1/2 cups (350 ml) almond
- 1 tsp (5 ml) vanilla extract

Drink of the Week

Cherry Blossom

• Top up champagne · Garnish: vanilla stick

garnish and serve.

• .5 oz Luksusowa Cherry .5 tsp vanilla syrup*

Shake Luksusowa cherry

and vanilla syrup in shaker

with ice. Double strain into

a chilled champagne flute.

Top with cold champagne,

• 1/3 cup (75 ml) whole-wheat

cranberries

- 1 cup sugar
- . 1 cup water
- 1 tsp vanilla extract

In saucepan, bring sugar and water to boil. Reduce heat and simmer until syrupy, about five minutes. Add vanilla extract. Pour into jar and refrigerate for up to 2 SADOR, LUKSUSOWA VODKA/ PHOTO

*Vanilla Syrup

• 3/4 cup (180 ml) honey

or dried cherry-flavoured

• 1 cup (250 ml) dried cherries

• 1 cup (250 ml) slivered almonds

weeks. RECIPE COURTESY OF MACIEK STAROSOLSKI, GLOBAL BRAND AMBAS-COURTESY OF YBIMC







metrolews.ca Wednesday, April 17, 2013

Why does that person have so much pull?

I get the power.

Reflect outside your comfort zone to gain new perspectives on leadership and life

Cousa/Defiality

RUMEET BILLAN TalentEgg.ca Much of my educational background focuses on the study of leadership and it is a course that I teach in the Department of Liberal Studies at Humber College in Toronto.

As an elective, students sign up for various reasons; some say they want to become better leaders and some just didn't want to take the elective on vampires that was offered instead. Regardless of intention, they are there and we have the opportunity to explore different concepts related to leadership.

On the first day of the course, I explain to my students that I can't teach them "leadership" — it's not something that is taught. However, it is something that can be learned. My role is to facili-



tate an environment where they can take the leadership concepts that we discuss and apply them to their context, regardless of their industry or the program that they are enrolled in.

We have a discussion about who we identify as leaders, and in each class that I have taught the leaders that are mentioned are positional, political and celebrities.

Through personal and professional development, my goal over the course is for my students to view themselves as leaders and consider the impact that they have and can have. This can occur both inside and outside the classroom through:

- Reading books about leadershipHaving discussions about
- Having discussions about current events that may be impacting the world or even a piece of your own world
- Watching TED talks, reading biographies and viewing documentaries
- Creating your own story on how you want to make an impact.

Whether it is formally or in-

Evolution of ideas

The 'big cheese' change

A teaching moment that I look forward to each semester is at the end of the course when my students are asked to reflect on their experience and say, "I used to think that only people who were in highlevel positions were leaders, but now I know that anyone can be a leader."

It is in this moment that I am reminded of the power of experiences and hope that they carry this with them throughout their personal lives and professional careers.

formally, lifelong learning suggests that we all continue to be shaped by those who are around us and perhaps the most influential is learning from our personal experiences by making meaning out of them.

Consider your paradigms and what experiences have influenced the way that you perceive our world. Take courses outside of your program and industry to experience new processes that can then be used and applied within your own field.

Whether you are in school or have just graduated, electives, week-long intensive courses and workshops can allow you to do so. Approaching situations with an interdisciplinary point of view will not only enrich your contributions, but also your own perspective. It's up to you as to which experiences and situations you'll choose to engage in.

RUMEET BILLAN IS AN EDUCATOR AND PHD CANDIDATE AT THE UNIVERSITY OF TORONTO AND THE PRESIDENT OF JOB-SINEDUCATION.COM.

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Russia

Bombings prompt security questions

Russian officials gave mixed signals Tuesday over whether they needed to increase security at key sporting events like the World Athletics Championship and the 2014 Winter Olympics after explosions at the Boston Marathon killed three people and wounded more than 170.

The track and field championship, which takes place in Moscow on Aug. 10 to 18, is seen as a dress rehearsal for the 2014 Olympic games in the Black Sea resort of Sochi.

One top sports official said security was being beefed up but others said Russia's take on Olympic security was already very robust. The ASSOCIATED PRESS

NBA

Spurs add T-Mac to playoff attack

The San Antonio Spurs have signed veteran forward Tracy McGrady, adding depth and experience as the playoffs arrive.

The 33-year-old McGrady is a seven-time NBA All-Star drafted ninth overall in 1997. In 938 career NBA games, McGrady has averaged 19.6 points, 5.6 rebounds, 4.4 assists and 1.21 steals per game. In 44 playoff games, he has averaged 25.2 points, 6.3 rebounds, 5.5 assists and 1.16 steals.

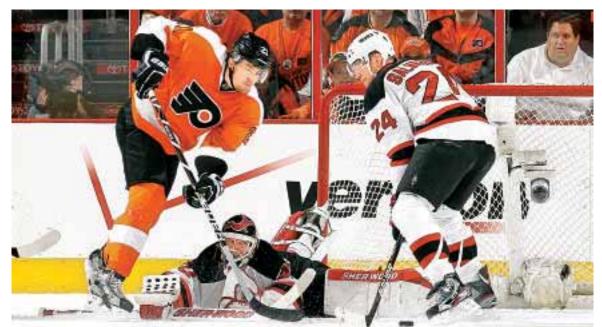
He most recently played for Qingdao of the Chinese Basketball League, averaging 25 points and 7.2 rebounds in 29 games.

THE ASSOCIATED PRESS

Drunk-driving charge

Brewers hurler's BAC three times over legal limit: Authorities

Milwaukee Brewers pitcher Yovani Gallardo was arrested on a drunk-driving charge Tuesday after authorities say he was driving on a city highway with a blood-alcohol content nearly three times the legal limit. Milwaukee County sheriff's spokeswoman Fran McLaughlin said a caller reported seeing a driver repeatedly swerving between lanes, and deputies spotted Gallardo driving alone at 40 m.p.h. in a 55-m.p.h. zone. THE ASSOCIATED PRESS



ames van Riemsdyk, left, has 39 playoff games under his belt, most recently playing in the post-season with the Philadelphia Flyers in 2012, GETTY IMAGES FILE

Lacking experience, but not confidence

NHL. Maple Leafs aren't worried many of them have not tasted post-season hockey

There's nothing like experience.

Most of the Toronto Maple Leafs have no NHL playoff experience, largely because of the team's past eight seasons of failure.

But none are particularly worried about it.

"We're a young team, but there are a lot of guys who have played a lot even at their young age," said forward Joffrey Lupul. "There's a little more experience here than we're given credit for."

James Reimer, for example, will be expected to carry a heavy load in the playoffs. He's been carrying the weight of Leaf Nation for the better part of three seasons, and he thinks that experience is enough.

"As far as games played, I'm not that experienced," says Reimer. "But I think when you play in a Canadian city with this much attention, your experience as a goalie is two-fold as compared to another city where there is no hype.

"You experience a lot more here than you would in other places. Maybe a little more experience in that sense." Reimer made it through the trade deadline unscathed even after being constantly reminded the Leafs were looking for a No. 1 goalie. Maybe Roberto Luongo. Maybe Miikka Kiprusoff.

Actually, he came through better than unscathed, posting numbers that put him among the game's elite goalies.

"It's a totally different animal," said James van Riemsdyk, whose post-season experiences came with Philadelphia. "You can just tell when you're in the stretch run and you're in the mix, you've got to pay attention to detail way more. Every shift is that much more important."

TORSTAR NEWS SERVICE

Playoff experience

Only nine Maple Leafs on the current roster know what it's like to play in the NHL playoffs. Here are the most experienced in number of games:

39 games — James van Riemsdyk (Philadelphia)

39 — Joffrey Lupul (Philadelphia, Anaheim)

36 — John-Michael Liles (Colorado)

25 — Dion Phaneuf (Calgary)

NHL. Sabres rookie's Boston homecoming full of sorrow



Chad Ruhwedel
RICK STEWART/GETTY IMAGES

In the aftermath of the Boston Marathon bombings, Sabres rookie defenceman Chad Ruhwedel has one more reason to be thankful for making the jump to the NHL.

Had Ruhwedel not elected to end his college career at UMass Lowell to sign with Buffalo last weekend, he would have likely spent Monday with his friends watching the marathon not far from the finish line where two bombs exploded.

"It's kind of hit me," Ruhwedel said. "It's hard to think about sometimes: 'I could've

Quoted

"I think everyone in the world feels their pain. It's heartbreaking."

Buffalo Sabre Nathan Gerbe, a former Boston College hockey player

been there.' Fortunately, I wasn't. And I'm really praying for everyone who was."

Ruhwedel said his friends were unhurt after being not far from where three people were killed and more than 170 wounded And he'll get an up-close reminder of what happened, after the Sabres travelled Tuesday to Boston, where they'll play the Bruins the following day.

The game will be the first professional sporting event to take place in Boston since the bombings.

The Bruins' home game against the Senators on Monday night was postponed to April. 28. The NBA cancelled the Celtics' home game Tuesday against Indiana. And the Red Sox have left town to open a three-game series at Cleveland. THE ASSOCIATED PRESS

/ LSFORIS

14 DRIVE metronews.ca Wednesday, April 17, 201

Enclave a world-class wagon

Review. Buick might have saved its own skin with the Enclave, and also carved out its future

MALCOLM GUNN

wheelbasemedia.com

Even with smaller vehicles popping up like ants at a picnic, the full-size Enclave wagon remains Buick's best-selling North American model. And it's likely to stay that way with the arrival of the improved 2013 edition.

The Enclave was introduced for the 2008 model year and has proven a key pillar supporting Buick's rebirth. It shares basic ingredients with the Chevrolet Traverse and GMC Acadia, but a superior level of luxury content places it at the upper end of the affordability scale where it competes with the Acura MDX, Infiniti JX and even the Chevrolet Tahoe. That old-school bodyon-frame sport utility vehicle closely approximates the Enclave in size, if not in attitude, but can't touch it for fuel economy and roominess, or for the way it coddles and protects its passengers.

The 2013 Enclave retains all of its inherent strengths, but refines the experience for new and returning customers (four out of 10, says Buick).

Getting under way involves the usual 3.6-litre V6 that puts out 288 horsepower and 270 pound-feet of torque. The sixspeed automatic transmission has had its electronic shift mapping updated for smoother



ALL DISCOURCE WHITEELD ACE

2013 Buick Enclave

- Type. Four-door, front-/allwheel-drive full-size wagon
- Engine (hp): 3.6-litre DOHC V6 (288)
- **Transmission.** Six-speed automatic
- Base price (incl. destination) \$43,100

Design

The "waterfall" grille is bigger and its vertical slats are displayed more prominently. Buick's designers reshaped the hood and fenders, added chrome body side trim and installed new high-intensity xenon headlights and LED (Light Emitting Diode) tail lamps.

Safety

Along with its Chevrolet and GMC relations, the Enclave arrives standard with a unique front-centre airbag. This inflatable safety device, which deploys from the right-hand side of the driver's seatback, protects the upper body (head and thorax) regions of both front-seat passengers in the event of a side-impact collision.

All wheel drive

For all-weather driving conditions, the Enclave can be equipped with all wheel drive (AWD) that constantly monitors road conditions and seamlessly directs torque to the tires with the most traction when slippage is detected. AWD isn't too expensive an option and only slightly increases fuel consumption.

base \$43,100 Enclave Convenience model arrives loaded up with tri-zone climate control, backup camera, eight-way-powered driver's seat and two-way-powered passenger seat and a power liftgate.

Clearly the Enclave has withstood the test of time to become a world-class wagon that has assisted in positioning Buick firmly in the upscale driver's seat. Even in a world that's getting noticeably smaller.

** www.more1039.ca

operation.

The engine's output is decent, but it needs all of its horses to propel the Enclave's 2,270-kilogram curb weight with any authority and to tow up to 2.045 kilograms of trailer

weight.

Also altered is the Enclave's suspension that gets new shocks and springs designed for improved ride and better control over bumps.

Being luxury-focused, the

POAG JEWELLERS

The Grand Prize Winner will have their choice of one of three trips: Trip for Two to see BON JOVI in Dublin, Ireland Trip for Two to see Bruce Springsteen in Paris, France

Trip for Two to Hawati



Putting the pedal to the metal

Autopilot acceleration. Why accelerating feels so good ...



AUTO PILOT Mike Goetz drive@metronews.ca

The sensation of acceleration is a joyful thing we get from cars. OK, some cars.

Because there are definitely a few that are just not into acceleration in any meaningful way. Consider this exchange from the movie, Horrible Bosses, when the police grill Nick Hendricks:

"You wanna explain why you were doin' 61 in a 25 zone ... One block from the victim's house, just moments after he got shot dead?"

"I was drag racing. I'm a drag racer."

"You were drag racing? In a Prins?"

"I don't win a lot."

Whether you do it within or outside of the law, fast acceleration in a car never fails to bring us a jolt of pleasure. It's a similar sensation to a roller coaster ride, skiing, cycling fast down a hill, even sky-diving. Other pleasurable sensations — like listening to good music or savouring good food — are equally complex, but at least it's obvious how they get processed, by ears and taste buds and such.

How does acceleration get noticed by our minds and bodies, and why do we like it when it does?

The Internet people have answers for these questions. I will try to summarize.

Apparently, somewhere deep inside our ears are things called "otoliths." We have two in each ear, one for detecting acceleration in the horizontal plane, and one for detecting acceleration in the vertical plane.

Each otolith consists of a hard bone-like plate attached to a mat of sensory fibres. When our head accelerates, the plate shifts to one side, bending the sensory fibres. Gravity can also tug and shift the plates, bending the sensory fibres as well. This is how the brain gets the signal that the head is either accelerating or falling/rising or both. It's quite good at figuring out the difference, and if nothing is too extreme, we don't even know that it's processing all this information.

But when something changes up fast, or is unexpected and extreme, the brain suddenly becomes uber engaged. This intense mental activity can be frightening but also exciting. We like it.

This ramped-up state is also about an increased focus to help keep us alive during the potentially life-ending moments suggested by all this sudden acceleration. I guess that's why we evolved to have otoliths in the first place — self-preservation.

In addition to all this brain activity, our bodies are trying to reconcile forces that are just plain weird. When you are ac-

The need for speed

"When something changes up fast, or is unexpected and extreme, the brain suddenly becomes uber engaged."

Mike Goetz

celerating in a car, the car seat is essentially pushing you forward, but at the same time you're getting all this push back from the world — driving you back into the seat. It's the crazy nature of how we experience acceleration — from the opposite direction of the actual force accelerating you. In this way, the "skin" is another body organ that senses acceleration, particularly the portion around your butt cheeks.

All good clean fun.

One final safety tip: Though many sources cite "kinesthesioception" as the official term for our ability to sense acceleration, it is still not an acceptable Scrabble world.



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Your car crumples to save your life

Crashes. Engineers need to balance safety with handling and durability

JIL MCINTOSH

In a crash, there is a major difference between an old car and a newer one. The old car is rigid and will stand up to the colli-

crumple up.

Many people think it's because newer cars are flimsy, but that's not the case. Instead, unlike the old car, it's folding up to help save your life.

sion, while the new car will

"Having a very strong, rigid body throughout means that any impact is transmitted directly into the vehicle and the occupants," says Ted Lalka, vice-president of product planning and marketing for Subaru Canada. "When panels flex and absorb the impact, it reduces the force of the impact to the occupants inside. Essentially, the vehicle is sacrificing itself to protect the occupants."

An auto crash actually involves three separate collisions. The initial one is when the vehicle hits something. The second is when the occupants are thrown around, hitting surfaces and objects inside the car. The third is when their bodies come to a stop, such as when the seat belt tightens, but their internal organs continue their trajectory until they slam into muscle or bones. This can cause serious injury or death.

A martyr on wheels



"When panels flex and absorb the impact, it reduces the force of the impact to the occupants inside. Essentially, the vehicle is sacrificing itself to protect the occupants."

Ted Lalka, vice-president of product planning and marketing for Subaru Canada On the benefit of modern cars that absorb the impact of a collision.

If the car crushes as it's hit, much of that deadly crash energy is dissipated before it gets to the passenger compartment. The car contains "crumple zones" that progressively scrunch in around the cabin, which must remain sturdy and intact. If the cabin also folds inward, known as intrusion, occupants can be injured.

Automakers use different techniques to achieve this level of safety. "Subaru starts off

Saforthan over

 Although there are more cars on the road than ever before, crash fatality rates have dropped consistently through the years, primarily due to better car design.

with a ring-shaped body structure, made of high-tensile steel, which provides strength and protection," Lalka says. "Essentially, it's a roll cage around the entire occupant area. The body panels can then be made out of lighter-weight sheet metal, which weighs less and results in better fuel economy, and the force of the impact is absorbed by these panels.

"The other key is that the door openings must be functional even after a severe crash, so you can get out of the vehicle."

While the front end provides a long, larger area for crumpling, the vehicle's sides, and the abbreviated rear ends on hatchbacks and SUVs, are challenging. Engineers use beams and ring structures that channel the energy to the floor and roof, away from the passenger cabin.

The engineers also have to balance the car's attributes. While it needs to crumple, it can't be too flexible or it won't handle properly, and it has to have enough rigidity that a minor fender-bender won't require major repairs.

See today's answers at metronews.ca/answers.

BY KELLY ANN BUCHANAN

↑ Aries

March 21 - April 20

Your workload is about to go through the roof but don't worry about it. You have nothing to fear. Somehow, you will find the time and the energy to get everything done that has to be done.

Taurus April 21 - May 21

You need to give yourself permission to be yourself. Identify what it is you most want to do in life then go for it with all your physical, mental and emotional might.

II Gemini May 22 - June 21

Family matters will be in your mind today and there may be some kind of drama you have to resolve. Don't worry, you will cope with ease. Loved ones will respect your decisions, but first you've got to make them.

9 Cancer

June 22 - July 23

If you feel like letting your hair down and doing something out of the ordinary then go right ahead. Who cares about the cost? Life is for living and loving and laughing.

$\mathbf{\Omega}$ Leo

July 24 - Aug. 23

Before you start work on a new enterprise, make sure the foundations you've put in place are solid. You are going to be doing a lot of building over the next few weeks. You don't want to risk it all falling down.

W Virgo Aug. 24 - Sept. 23

Today

No challenge is too big for you. The next four weeks are going to be special, very special. How do you make the most of them? Just be yourself. You're special after all

△ Libra

Sept. 24 - Oct. 23

You may be tempted to ignore the world but is that really the best thing to do? Whatever it is that has put you in such a bad mood, don't let it win. Come out fighting today.

M Scorpio

Oct. 24 - Nov. 22

There comes a time when, no matter how good you are at working on your own, you must join forces with others. The planets indicate it's time to get involved in a project that involves hundreds of people.

プ Sagittarius Nov. 23 - Dec. 21

You need to slow down and ask yourself what it is you are trying to achieve. The time is right to move on and maybe move up. But first, convince yourself it's what you want.

り Capricorn

Dec. 22 - Jan. 20 Do you feel trapped and unable to break out of a rut? The planets suggest you will soon be on the move again, and once you get going, you'll soon reach top speed.

Jan. 21 - Feb. 19

You are worrying about something that does not need worrying about. Once you realize that, you will be able to break out of the cycle of despair that currently holds you. Believe in yourself.

H Pisces

Feb. 20 - March 20

You will get the opportunity over the next few days to build bridges to people you respect but who, for some reason, you are not as close to as you once were. Don't let this chance go. SALLY BROMPTON

Crossword: Canada Across and Down

Across

1. Pre-game ritual, Coin

5. Showbiz legend Ms. Channing 10. Excellent, slangstyle

14. Purpose 15. Brightly-col-

oured lizard 16. Bathroom's door hook garment

17. Rock star's transport: 2 wds. 19. Earthen stewing

20. Like the empty wallet's money

21. Back then 22. Reuben requirements

23. Rock 'n'

pot

25. Prefix to 'matic' 27. The basics in

early learning 30. 30th, some-

times, as per calendars [acronym] 32. "Understood." 35. Victoria's Secret

item 36. Western city

39. __lettuce

41. Place atop: 2 wds. 42. Comfort

43. Mark Burnett's realm as a producer:

2 wds. 45. Chip

46. Prefix to 'ide' (Cavities fighter)

47. But, to Brutus 49. Actors Mr. Olin and Mr. Watanabe 50. Times

52. The Dalai 54. Topic, for short

57. 'Verd' add-on (Jury's finding)

59. Gloria Swanson role, __ Desmond

62. Legal bargaining 63. Jacques Plante

contribution to hockey: 2 wds

66. Greenly admire

67. Aches

68. Region

Sudoku

69. Manners 70. Garbage

71. Off the dragon Down

1. Recipe measure-

ment, for short 2. Canoe implements

3. Jump rope

4. Cuts ties 5. Ranch sight

6. 'Pass' suffix

7. Aristocrat of India

-3 fatty acids

9. CN Tower, English =

_____, French 10. Postpone, as Parliament

11. Hallowed 12. Willing's partner

"Wheel of Fortune" contestant 24. Thurston Howell

13. Red Rose products 18. "I'd like to buy __'." ...said the

III's wife

26. Also

27. For short, for short 28. "The Pelican

(1993)

29. Secretly conspiring group 31. Mr. Damon's 33. Duck 34. Amber, for example 37. Author's creation 38. Agents for performers, for short 40. Canada's only MLB team: 2 wds. 41. Bryan Adams song: "__ from the Heart"

44. 'Super' suffix 48. Pastry

49. Destinies 51. Cleanse thoroughly

53. Canadian singer/ songwriter Mr. Berg 54. Let stuff fly

55. Common skeleton part

56. Bunch 58. Scarlett's home

60. Crumbly soil 61. On the briny 64. Some officers, for short

65. Steppenwolf lead singer, John

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

8	2	6	4	7	3	1	9	5
В	4		5.	6	1	7	2	1
1	5	7	2	8	9	8	3	4
3	9	2	8	1	6	5.	4	1
5	6	8	7	9	4	3	1	3
4	7	3	3	2	5	9	8	1
2	8	9	1	5	7	4	. 6	3
7	1	4	6	3	2	8	5	3
т.	3	5	9	4	8	2	7	Į,

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		6			8	3	2	
5		7	2		4		3	8
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	7	5	4			9		
					9	7		
1			3	8	7			6









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